

# Cardiff Bay

More than just a good day out



## Art & Heritage

### 1 Women's Art Association

Situated in Bute Street the Women's Arts Association develops creative opportunities for women such as Community and Digital arts projects and a variety of exhibitions and events throughout the year. T: 029 2048 7850 www.womensarts.co.uk info@womensarts.co.uk



### 2 Norwegian Church Arts Centre

One of Cardiff's most distinctive buildings, formerly a Norwegian Seamen's Church, offering a varied programme of events and exhibitions. Cosy coffee shop offering a traditional Welsh/Norwegian menu overlooking Cardiff Bay. Open 7 days a week; 10am - 4pm plus evening functions. The Norwegian Church is also available for function hire including wedding parties and conferences with catering available. T: 029 2045 4899 or 029 2049 3331 E: norwegianchurch@cardiff.gov.uk www.norwegianchurchcardiff.com

### 3 BayArt Gallery

The gallery provides a large elegant space in which to view and take pleasure in contemporary art, particularly painting and sculpture. Open: During exhibitions we are open Tue-Sat 12-5pm T: 029 2065 0016 E: bayart@tiscali.co.uk www.bayart.org.uk Admission is free



### 4 Butetown History & Arts Centre

The centre features exhibitions, photographs and educational materials on the history of Cardiff docklands and multicultural Wales. Local history books and gifts are available for purchase. Open: Tues-Fri 10am-5pm Weekends & Bank Holidays 11am-4.30pm T: 029 2025 6757 E: info@bhac.org www.bhac.org

### 5 Wales Millennium Centre

Theatres, galleries, restaurants, bars, shops, free entertainment and behind the scenes tours - all this and more at the award-winning Wales Millennium Centre, Europe's most exciting performing arts and cultural venue. A must see destination for visitors to Cardiff. Open all year, excl Christmas Day. T: 08700 40 2000 www.wmc.org.uk



### 6 Makers Guild in Wales - Craft in the Bay

This restored maritime warehouse, displays high quality crafts by our Wales based members as well as holding international exhibitions. Educational courses. Conference Room. Kemi's Café. Open 10.30am - 5.30pm every day. T: 029 2048 4611 www.makersguildinwales.org.uk

## Shopping, Eating & Entertainment

### 7 Mermaid Quay

Restaurants, bars and cafés from around the world, shops and services, plus Cardiff's first and finest comedy club, all set right on Cardiff Waterfront. T: 029 2048 0077 E: reception@mermaidquay.co.uk www.mermaidquay.co.uk



### 8 Café Cibus (Coolibah)

A hidden gem on the Bay. Situated in West Bute Street, just behind Mermaid Quay and only minutes from the waterfront. Our family run, Cafe-deli and sandwich-salad bar (eat in or takeaway) offers mouthwatering options, many homemade, all freshly prepared and great value for money. We also provide outside buffet catering, workplace lunch deliveries and offer our cafe for private parties and group meal bookings or small business meetings with tailored catering. Seats 20-25. T: 029 2040 6800 E: roberts808@btinternet.com

### 9 Sayers Amusements

Sayers Amusements proudly present the traditional Welsh Carousel on Pierhead. Come and enjoy the world's only Welsh themed Carousel, complete with horses, dragon chariots and organ music. The traditional Welsh Carousel is family fun for all ages. Enquiries: nsamusements@btconnect.com www.sayersamusements.co.uk



### 10 The Red Dragon Centre

The Red Dragon Centre is a state of the art entertainment complex located in the heart of Cardiff Bay. Home to an exciting mix of venues including the ODEON cinema, the Doctor Who Up Close Exhibition, Hollywood Bowl, Grosvenor Casino and a wide selection of restaurants from around the globe, you can be sure to experience a memorable and action packed day out all under the comfort of one roof. Free car parking for customers. Open 7 days a week. The perfect all year round destination whatever the weather! T: 029 2025 6261 www.thereddragoncentre.co.uk

## Visitor Attractions

### 10 Doctor Who Exhibition (Located in the Red Dragon Centre, Atlantic Wharf Leisure Village)

Located in the Red Dragon Centre, Cardiff Bay, Doctor Who Up Close Cardiff welcomes fans of the hit TV series to meet K9, encounter the famous Daleks and see costumes worn by the Doctor and his assistant. Creatures on display include the Cybermen, Stone Angel from Blink, the Ood and much more. Doctor Who Up Close is open every day from 10am to 6.30pm (last entry at 6.15pm) and includes an extensive sci-fi shop, featuring the largest range of Doctor Who merchandise in Cardiff with collectables for every age. Tickets can be purchased on the door and each admission receives a wristband, valid all day. T: 029 2048 9257 www.doctorwhoexhibitions.com



### 11 Torchwood www.torchwoodexhibitions.com T: 077 9493 6607

### 11 Cardiff Bay Visitor Centre

Known locally as "the Tube" this major attraction, with panoramic views across the Bay provides visitor information and a gift shop. It houses interactive exhibitions and a unique scale model of the Bay. Open daily 9.30 - 6pm summer, 9.30 - 5pm winter (from 10.30 on Sundays/Bank Holidays) T: 029 2046 3833 E: VisitorCentreCardiffBay@cardiff.gov.uk www.visitcardiff.com

### 12 Techniquest

Explore 120 hands-on science exhibits...launch a hot air balloon, fire a rocket, sink an oil rig or watch a colony of ants. See the stars in the Planetarium and experience a Science Theatre Show. Open 9.30 am - 4.30 pm Monday to Friday in term time, 10.00AM - 5.00PM weekends and local school holidays. T: 029 20 475 475 www.techniquest.org



### 13 Goleulong 2000 Lightship

Explore the light-tower, engine room, cabins, conference room, chapel and relax with light refreshments in our galley in an atmosphere of Christian Fellowship. The Lightship is also the base for the Cardiff Bay Chaplain who is available for pastoral and spiritual care for all those who work in the Bay - and for visitors to the Bay. Opening hours are 10.00am - 5.00pm Monday to Saturday and 2.00pm - 5.00pm Sunday. T: 029 2048 7609 M: 07853 284441 info@lightship@btconnect.com www.lightship2000.co.uk

### 14 The Cardiff Bay Barrage

No visit to the Bay would be complete without a trip to the Barrage. You can promenade from the Mermaid Quay to Penarth and back along the Cardiff Bay Barrage Coast Path. Enjoy views of the city and waterways, and visit the children's play area. Open Summer 7am - 10pm and Winter 7am - 8pm. T: 029 2070 0234 www.cardiffharbour.com



### 15 Y Senedd

This is the National Assembly for Wales' unique landmark building. It's open 7 days a week for visitors to come in and find out more about the work of the Assembly. To book a free guided tour, call 0845 010 5500 (Textphone: 0845 010 5678) or visit www.assemblywales.org. The Pierhead building will re-open for visitors in Autumn 2009.

### 16 Flat Holm Island

Just 5 miles from Cardiff and Barry, the tiny island of Flat Holm is a different world with a wealth of history and wildlife. You will be amazed at how much there is to discover. Day trips Mar - Oct plus courses in photography, art, yoga and conservation. T: 029 2035 3917 E: flatholmproject@cardiff.gov.uk www.flatholmisland.com



### 17 Adventure Cardiff

Experience sailing, rowing, canoeing, kayaking, mountain-biking, white water rafting and climbing in a safe and fun-filled environment. Qualified, accredited tuition is offered for all ages and abilities, so if you want to try something new come and 'wet' your appetite in the Bay. T: 029 2035 3912 E: wateractivity@cardiff.gov.uk www.adventurecardiff.com

## Office Complex & Car Park

### 16 Cardiff Waterside

One of the most high profile waterfront business locations in the UK which, when completed, will consist of 960,000 sq ft of grade A office accommodation and also includes the newly opened 1238 space multi-storey car park. T: 029 2045 3691 www.cardiffwaterside.co.uk

### 17 Car Park

Cardiff Waterside car park offers secure parking for 1237 cars. The car park has been awarded the Park Mark award for safety and is open 24 hours a day. Prices start from £2 for an hour, £4 after 6pm and £4 all day on the weekends. Monthly, quarterly and annual permits are also available. For more information ring 02920 457250



International Sports Village

- Key**
- Car Parks
  - Bus Stops
  - Public Toilets
  - Bayer
  - Public Visitor
  - Waterbus
  - Pontoons
  - Children's Play
  - Cardiff Bay Railway Station

**Waterfront Partners**  
Cardiff Bay  
www.visitcardiffbay.info

Designed by Savage and Gray 029 2034 5533  
Photography by Kiran Ridley  
Illustration: James Barry  
All details provided correct at time of going to press 2009

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Kidzlifeuk.com



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28 **Cardiff Bus**  
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29 **Cardiff Bay Road Train**  
T: 029 2070 7882

30 **Cardiff Bay Waterbus**  
T: 07940142409

31 **Cardiff Bay Boat**  
T: 0871 200 22 33

32 **Cardiff Bay Train**  
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49 **Cardiff Bay**  
T: 0871 200 22 33

Discover the great value and simplicity of travelling Arriva Trains Wales to Cardiff Bay. Cardiff Bus operates the following regular services to the Bay:

No. 6: Baycar runs 7 days per week from the City Centre (Queen Street Station, Dufferin Place, Greyfriars Road, St Mary Street and Central Station-Fenarth Road). Buses run from early 'til late - every 10 minutes during the evenings and at weekends. Other services include: No. 7: from Central Station every 30 minutes Mondays to Saturdays

Full details of the Valleys and Cardiff local routes services can be found in timetable "5" and a credit card or contact Arriva Trains Wales at: [customerrelations@arrivatrainswales.co.uk](mailto:customerrelations@arrivatrainswales.co.uk) or visit [www.nationalrail.co.uk](http://www.nationalrail.co.uk) (Rail tickets by post) 0870 900 0 773 (Timetables by post) 0870 900 0 772 (Textphone) 0845 60 50 600 (Welsh Language Service) 0845 60 40 500 (National Rail Enquiries - 24 hours) 08457 48 49 50

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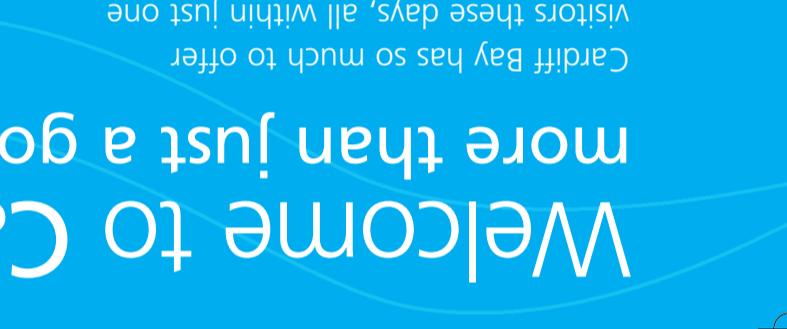
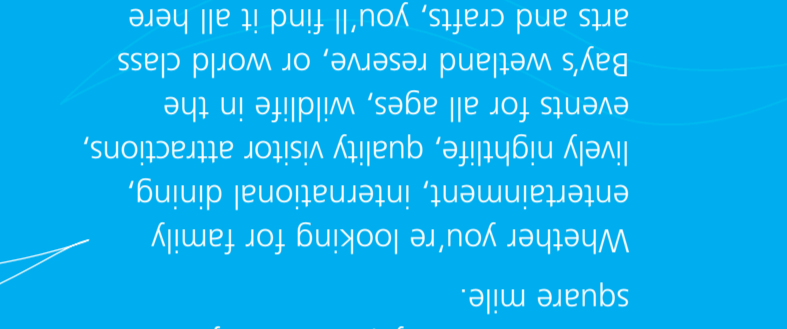
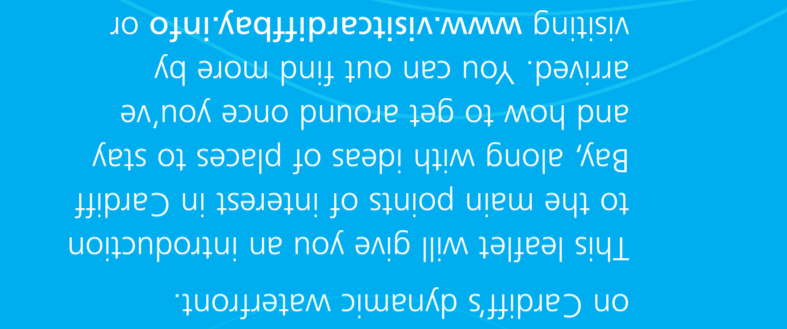
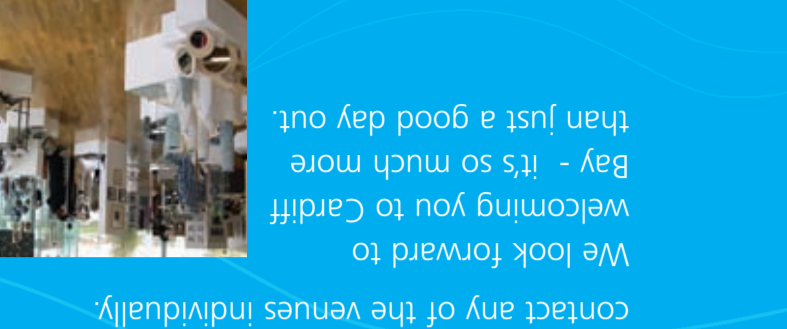
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## How to get to Cardiff Bay

It's so easy to get to Cardiff Bay by public transport so why not leave the car at home for a change? Traveline provides public transport information on all bus and rail services in Wales on 0871 200 22 33 from 7am to 10pm daily or visit [www.traveline.info](http://www.traveline.info)

## Eating, Shopping & Entertainment

- MERMAID QUAY BARS, RESTAURANTS, COFFEE SHOPS AND TAKEAWAYS**
- Ba Orient T. 029 2046 3939
  - Bellinis T. 029 2048 7070
  - Bosphorus T. 029 2048 7477
  - Cadwalader's Ice Cream Café T. 029 2049 7598
  - Café Naz T. 029 2049 6555
  - Café Rouge T. 029 2049 7638
  - Coffee Mania T. 029 2046 4546
  - Cosmo [www.cosmo-restaurant.co.uk](http://www.cosmo-restaurant.co.uk)
  - Demiro's T. 029 2049 1882
  - Domino's Pizza T. 029 2045 1851
  - Eddie's Diner T. 029 2048 4020
  - GARÇON! T. 029 2049 0690
  - Gourmet Burger Kitchen T. 029 2045 4078
  - Mimosa Kitchen & Bar T. 029 2049 1900
  - Nandos T. 029 2045 0324
  - Pearl of the Orient T. 029 2049 8080
  - Pizza Express T. 029 2047 2006
  - Salt T. 029 2049 4375
  - Signor Valentino T. 029 2048 2007
  - Starbucks T. 029 2045 1961
  - Strada T. 020 2048 2112
  - Subway T. 029 2048 0700
  - Terra Nova Bar & Kitchen T. 029 2045 0947
  - The Bay Restaurant T. 029 2048 3388
  - The Bayside Brasserie T. 029 2035 8444
  - The Glee Club T. 0871 472 0400
  - Wagamama T. 029 2048 5195
- SHOPS & SERVICES**
- Austin Reed T. 020 2047 2543
  - Barclays Bank T. 029 2042 6330
  - Blink Optometrists T. 029 2049 2121
  - Castle Galleries T. 020 2049 5240
  - Clobbered up Delta Taxis T. 029 2020 1010
  - Fabulous Welshcakes T. 029 2045 6593
  - Herb & Ellie's Bakery & Deli T. 029 2045 5955
  - James Hull Associates T. 029 2048 1212
  - Ken Picton Salon T. 029 2066 2080
  - Ladbroke's T. 029 2045 3763
  - NatWest Bank T. 029 2046 3154
  - Polka Dot M. 07970 864756
  - Taylor's Countrywide T. 029 2049 8425
  - Tesco Express T. 029 2047 1910

## Accommodation (Refer to main map on central page for locations)

- 18 Express by Holiday Inn**  
Conveniently situated between Cardiff City Centre and Cardiff Bay, this hotel offers comfort-cooled accommodation, conference facilities and ample free parking - all at an affordable price. T: 029 2044 9000 E: [anneuw@exhcardiff.co.uk](mailto:anneuw@exhcardiff.co.uk) [www.exhcardiff.co.uk](http://www.exhcardiff.co.uk)
- 19 The Urdd City Sleepover, Wales Millennium Centre**  
This is a residential and conference centre run by Urdd Gobaith Cymru - Wales' largest Youth Organisation. Groups of 20-153 can stay in one of Europe's premiere arts venues. T: 029 2063 5678 E: [caerdydd@urdd.org](mailto:caerdydd@urdd.org) [www.urdd.org/caerdydd](http://www.urdd.org/caerdydd)
- 20 The St David's Hotel**  
The St David's Hotel & Spa is situated on the waterfront of Cardiff Bay creating a striking landmark. The hotel provides 132 bedrooms, 8 conference and meeting suites and award winning restaurant. This stylish hotel offers guests the perfect spa destination with 11 treatment rooms and award winning hydrotherapy pools. The St David's Hotel & Spa, Havannah Street, Cardiff CF10 5SD T: 029 2045 4045 E: [stdavids.reservations@principal-hayley.com](mailto:stdavids.reservations@principal-hayley.com) [www.thestdavidshotel.com](http://www.thestdavidshotel.com)
- 21 Acityabode**  
Acityabode provide luxury serviced accommodation in the most desirable locations in Cardiff. All accommodation is professionally designed and furnished to the highest standards with more space, more flexibility and more privacy than the four walls of a hotel. Make the most of your time in Cardiff Bay by staying in a luxury home from home at the most competitive rates. Enterprise House, 127 Bute Street, Cardiff Bay CF10 5UE E: [reservations@acityabode.com](mailto:reservations@acityabode.com) T: 08709 194790 [www.acityabode.com](http://www.acityabode.com)

## Tours & Travel (Refer to main map on central page for locations)

- 22 Cardiff Waterbus**  
From Easter to October the original yellow waterbus company runs pleasure trips with commentary on traditional boats across the Bay and rivers each day. In the Winter we operate at weekends and in the school holidays. We are also available for charters and sea trips by arrangement. T: 07940142409 [cardiffwaterbus.com](http://cardiffwaterbus.com)
- 23 Cardiff Bay Road Train**  
The Road Train leaves Stuart Street hourly, through the historic port of Cardiff with a full live commentary to the Cardiff Bay barrage. Music on return. T: 029 2070 7882 E: [cardiffbaytours@hotmail.com](mailto:cardiffbaytours@hotmail.com) [www.cardiffbayroadtrain.com](http://www.cardiffbayroadtrain.com)
- 24 Cardiff Bay Tours**  
Enjoy the past, present and future on a guided coach or walking tour around Cardiff Bay and the Barrage. Tours available all year to suit any group or organisation. T: 029 2070 7882 E: [cardiffbaytours@hotmail.com](mailto:cardiffbaytours@hotmail.com) [www.cardiffbaytours.com](http://www.cardiffbaytours.com) Contact: Carol Townsend
- 25 Open Top, hop on - hop off bus tour**  
Open Top, hop on - hop off bus tour of the City and the Bay. Departs Cardiff Castle. Operating Dates Cardiff 2009
- | DATE  | 1ST TOUR  | FREQUENCY        | LAST TOUR |
|---|-----------|------------------|-----------|
| 28 <sup>th</sup> Mar - 17 <sup>th</sup> Jul | DAILY     | 10.00 1/2 hourly | 16.30     |
| 18 <sup>th</sup> Jul - 6 <sup>th</sup> Sept | Daily     | 10.00 1/2 hourly | 17.00     |
| 7 <sup>th</sup> Sept - 1 <sup>st</sup> Nov  | Daily     | 10.00 1/2 hourly | 16.30     |
| 7 <sup>th</sup> Nov - 20 <sup>th</sup> Dec  | Sat & Sun | 10.00 Hourly     | 15.00     |
- Departs Cardiff Bay - Wales Millennium Centre 25 / 55 minutes past the hour - depending on frequency - see brochure. Tickets valid for 24 hours - full tour takes 50 -55 minutes. [www.city-sightseeing.com](http://www.city-sightseeing.com)  
Tel : 02920 473432 or 07808 713928 E-Mail : [info@city-sightseeing.com](mailto:info@city-sightseeing.com) or [city.sightseeing@btconnect.com](mailto:city.sightseeing@btconnect.com)

# Visit Cardiff Bay



## More than just a good day out

